Week One Menu

Weeks commencing: 25th Aug, 15th Sept, 6th Oct

	Dinner Choices	Tea Choices
Monday	Hot Beef & Onion T cake, fries	Southern Fried Chicken Wrap, chips & beans
	Quorn balls & pasta	Quorn dippers, chips & beans
Tuesday	Chicken Curry, Basmati Rice	Tea's cooked in house
	Vegetable Pizza, slaw	
Wednesday	Italian Meatballs, pasta & garlic bread	Fish Finger wraps, chips, slaw
	Mac & Cheese, garlic bread	Hot dogs, chips , slaw
Thursday	Sweet & Sour Chicken, rice	
	Veg burger in a bun, fries and slaw	Tea's cooked in house
Friday	Fish, chips & peas	No Tea's
	Ham & Cheese Baguettes, or plain cheese baguettes, chips	

Jacket potatoes, salad and vegetables are available daily
We are a Food For Life Gold School, which means we use at least 15% organic and 50% local
ingredients, and like all the awarded schools, at least 75% is freshly prepared and uses
sustainable sourced fish and ethical and environmentally friendly food.

All of our meat is red tractor and locally sourced from Brosters farm. Our fruit and vegetables are locally sourced from Freshfields, and we use organic and seasonal products in our meals.









Week Two Menu

Weeks commencing: 1st Sept, 22nd Sept, 13th Sept

	Dinner Choices	Tea Choices
Monday	Cheese burger in a bun, fries & slaw	Spicy Beef Tacos, salsa, chips
	Cheese omelette fries & slaw	Cheese & tomato pizza, fries
Tuesday	Peri Peri Chicken, rice	Tea's cooked in house
	Quorn Chilli & Rice	
Wednesday	Beef Keema & Peas, rice, naan bread	Chicken Kiev, peas, mash
	Moroccan cauliflower bites, yoghurt dip, salad & slaw	Cheese & onion quiche, chips & salad
Thursday	Sausage Pasta Bake	Tools as shed in bours
	Brie & Red onion chutney Baguette, slaw	Tea's cooked in house
Friday	Panko Salmon Strips & chips	No Tests
	Vegan sausage roll, chips & beans	No Tea's

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Week Three Menu

Weeks commencing: 8th Sept, 29th Sept

	Dinner Choices	Tea Choices
Monday	BBQ Pulled Pork baguette, chips	Tuna Pasta Bake, Salad
	Cheese and onion stuffed potato skins, salad & slaw	Margherita pizza Twist, slaw, potato salad
Tuesday	Pepperoni Pizza, Salad & Slaw	Tea's cooked in house
	Sweet Potato, Cauliflower & Spinach Curry, Rice & Naan Bread	
Wednesday	Cornish Pasty, mash & mushy peas	Sausage, mash and veg
	Veg Pasta bake, garlic bread	Veg Chilli, Savoury Rice
Thursday	Beef, Roast Potatoes, Mash & Veg	Tea's cooked in house
	Cheese & Onion Pasty, Mash & Veg	
Friday	Cod bites, salad & fries	No Tea's
	Veg samosa & onion bhajis with raita	

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