

RSHE / PSHE at The William Henry Smith School & Sixth Form



Intent

At The William Henry Smith School & Sixth Form, we believe that Personal, Social and Health Education (PSHE) and Relationship, Sex and Health Education (RSHE) enables children to be able to understand what good relationships are like and how to keep them; know how our bodies change and feel as we grow and marvel in the awe and wonder of the creation of new life and how to nurture emotional and physical health. RSHE is the underpinning of everything we do at The William Henry Smith School. Good relationships are fundamental to our ethos and our success in being a happy, caring and safe school. PSHE/RSHE is lifelong learning about relationships, emotions, looking after ourselves, different families, sex, sexuality, and sexual health. We want our students to be confident in independent life skills, to feel safe and able when they leave our care. We aim for the students in our school to acquire the appropriate knowledge, develop their skills and form positive beliefs, values, and attitudes. PSHE/RSHE has a key part to play in the personal, social, moral, and spiritual development of young people. No matter what our children's starting points are, we aim to ensure that all our young people leave us with the skills to build an independent, happy and safe future.

Our aim is to help our children become confident and independent young people, by providing them with the appropriate skills and knowledge using a robust and collaborative approach to learning.

Implementation

We offer a broad and balanced curriculum which includes two programmes. The Coram life SCARF programme of study is a spiral curriculum which we adapt to the needs of our younger students and the PSHE Association for KS3 onwards. The mapping of RSHE/PSHE using these resources helps to ensure we diminish the difference of the gaps in our students learning. Over learning is an important part of our delivery, to make sure students have the opportunity to revisit and build on key learning objectives. The SCARF resources are adapted to the needs of our students where needed, while ensuring learning objectives are covered and age-appropriate knowledge is given in a way to suits our students. It is key our boys have the knowledge to understand what is going on around them and the understanding of what is happening to their bodies. This is evidenced in books across key stages and in supporting materials threaded throughout the curriculum. Our focus for our students is to ensure that have had opportunities to explore the key aspects of RSHE/PSHE, as set out in our curriculum map, to give them the right stepping stones to an age-appropriate curriculum. The PSHE Association programme of study builds on the skills learnt previously and provides students with an education that prepares them for post 16 life. Our curriculum content is carefully chosen to ensure students have the opportunity to access education they may have previously missed, but also build on skills they learn with us at WHSS. As well as this discreet teaching of both PSHE and statutory RSHE, our students also experience quality RSHE/PSHE through key working, QoL sessions, weekend provision, student Voice, healthy lifestyles and accredited OCR life and living skills and significantly through our 24-hour curriculum (which includes work with charities, fund raising, and volunteering). Specific RSHE related issues are also supported by Big Talk Education, who have worked with us at WHSS for several years. The Lead for this area works closely with the DSL and School Social Worker to ensure any themes are tackled through key working or class/house/whole school focussed drop-down sessions/days. Moving forward, the sessions with Big Talk will complement our growing and changing topics, ensuring that all children have the opportunity to receive quality assured, relationships and sex education. to help to keep

Impact

Our students will be able to approach a range of real-life situations, applying their skills and attributes to help navigate themselves through modern life. They will be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society and appreciate and value difference and diversity.

Students will recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty and have respect for themselves and others. They will be able to to develop positive, healthy relationships with their peers both now and in the future and be able to look after their health and well-being.

Students will have a positive self-esteem and be able to manage and understand their emotions. They will understand the physical aspects involved in RSHE at an age appropriate level, adapted to meet the needs of our students. This can also be demonstrated in QoL indicators such as employability, economic security, friendships, and community participation.