

Good Morning,

On Tuesday 29th March, the Secretary of State for Health and Social Care, Sajid Javid, set out the next steps for living with COVID-19 in England from Friday 1st April. However, the actual practical details have taken a while to filter through and are a bit fragmented across several documents

In terms of advice regarding self-isolation, the new National Guidance is:

- Children and young people who are unwell and have a high temperature should stay at home and avoid contact with other people. They can go back to school, college or childcare when they no longer have a high temperature, and they are well enough to attend.
- Children and young people aged 18 and under, with a positive COVID-19 test result (from a test they already have at home) should stay at home and avoid contact with other people for 3 days.
- Adults with the symptoms of a respiratory infection, and who have a high temperature or feel unwell, should stay at home and avoid contact with other people until they feel well enough to resume normal activities and they no longer have a high temperature.
- Adults with a positive COVID-19 test result (from a test they already have at home) should stay at home and avoid contact with other people for 5 days.

Following this update to National Guidance, we will not be providing any lateral flow kits from 01.04.22 and routine twice weekly testing will cease for both Students and adults.

Good handwashing and ventilation will continue to help with infection control. As well as COVID, we have a lot of other viruses doing the rounds. Continuing these measures will help to keep those things to a minimum too.

Any concerns or issues please feel free to ring the School Nursing Team.

Thank You
Andrea and Sara